
The Spa
AT
ADDRESS
MONTGOMERIE



THE SPA AT ADDRESS MONTGOMERIE

Welcome to The Spa at Address Montgomerie, where you'll discover theperfect sanctuary to rejuvenate your body, mind, and soul. Our spa experience isdesigned to bring harmony and balance to your life, offering a range of pampering treatments that harness the healing power of natural ingredients like plants, flowers, and aromatic oils. Our spa menu caters to both men and women, providing a selection of refreshing world-class experiences.



LUXURY
SPA SELECTIONS

TREAT FOR TWO | 1045 AED
60-MINUTE MASSAGE + 30-MINUTE BODY SCRUB

Indulge in a shared spa experience with your loved one. Enjoy a 60-minute soothing massage followed by a 30-minute invigorating body scrub.
This package is designed for two, providing a delightful and relaxing escape for couples.





REJUVENATING RITUAL | 60-MINUTE MASSAGE + 75-MINUTE FACIAL

825 AED

Recharge and renew your body and skin with our Rejuvenating Ritual. It begins with a 60-minute massage to release tension and relax your muscles, followed by a luxurious 75-minute facial treatment to rejuvenate your complexion. This package is designed to leave you feeling refreshed and revitalized.

ANTI-FATIGUE RETREAT | 999 AED
90-MINUTE HOT STONE MASSAGE + 75-MINUTE FACIAL

Combat fatigue and unwind with our Anti-Fatigue Retreat. Experience a 90-minute hot stone massage to melt away stress and tension, followed by a 75-minute facial treatment to rejuvenate and invigorate your skin. This package is perfect for those seeking deep relaxation and renewal.





BESPOKE BRIDE PACKAGE | 1245 AED
90-MINUTE FACIAL + 60-MINUTE MASSAGE + 30-MINUTE BODY SCRUB

Prepare for your special day with our Bespoke Bride Package. Begin with a 90-minute facial to enhance your skin’s radiance, followed by a 60-minute massage to ease any pre-wedding jitters. Finish with a 30-minute body scrub to leave your skin glowing and refreshed. This package is tailored to pamper and beautify brides-to-be, ensuring you look and feel your best on your wedding day.



MASSAGES

HOLISTIC HOT STONE BLISS | 90 MINUTES — 720 AED

Experience the ultimate harmony of mind, body, and spirit as smooth volcanic stones, gently warmed, become an extension of your therapist's skilled hands. Relish the comforting sensation of their penetrating heat combined with potent therapeutic essential oils as they dissolve away muscular stress and tension, leaving you in a state of pure relaxation.

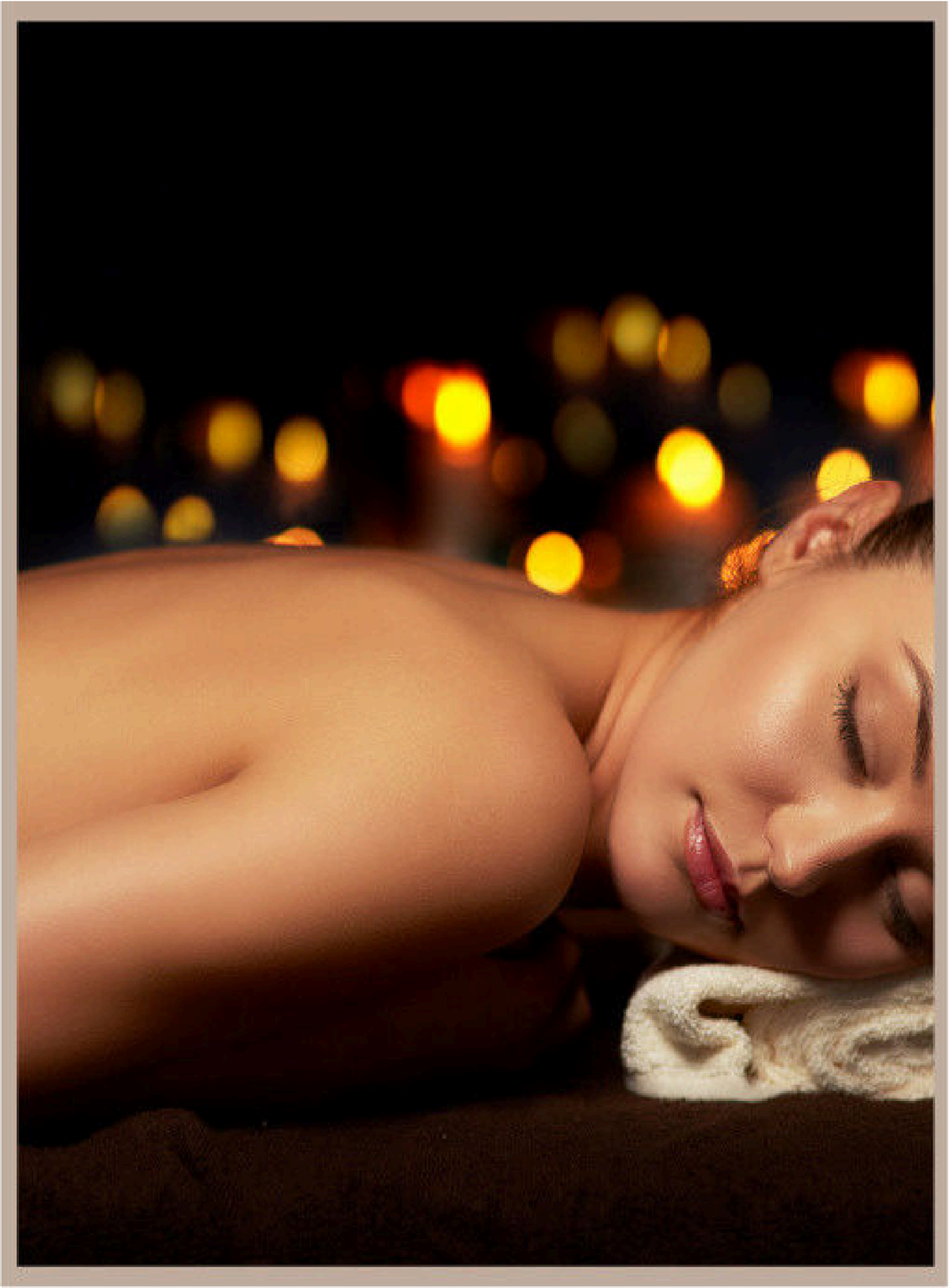
BALINESE TRANQUILITY | 60-90 MINUTES — 500-700 AED

Indulge in a full-body holistic treatment that incorporates gentle stretches, acupressure, reflexology, and aromatherapy. This unique combination stimulates the flow of blood, oxygen, and vital Qi energy throughout your body, fostering a profound sense of well-being, tranquility, and deep relaxation.

DEEP TISSUE REVIVAL | 60-90 MINUTES — 500-700 AED

Immerse yourself in a deep tissue massage experience that targets areas of muscular tension and stress. Our therapists employ firm pressure and specialized techniques to alleviate discomfort, promoting relaxation and a renewed sense of vitality.





AROMATHERAPY SERENITY | 60-90 MINUTES — 500-700 AED

Embark on a sensory journey with our aromatherapy massage. This treatment combines the healing power of aromatic essential oils with skilled massage techniques to enhance relaxation, alleviate stress, and promote overall well-being.

PRE-NATAL BLISS | 60 MINUTES — 600 AED

Our Pre-Natal Bliss treatment is a nurturing and effective experience specifically designed for expecting mothers. Formulated with hand-picked, 100% natural Sunflower essential oils, this safe and supportive massage offers additional comfort and warmth during this special time. The session begins with a 'Mothers to-be massage, followed by a soothing scalp massage.

REFLEXOLOGY REVIVAL | 60 MINUTES — 450 AED

Elevate your well-being with our uplifting reflexology massage, which focuses on the reflex points of your feet to restore balance and harmony throughout your body. This treatment leaves you feeling rejuvenated and revitalized.



BODY &
SKIN ENHANCEMENT

BLISSFUL HEAD AND SCALP MASSAGE | 30 MINUTES — 300 AED

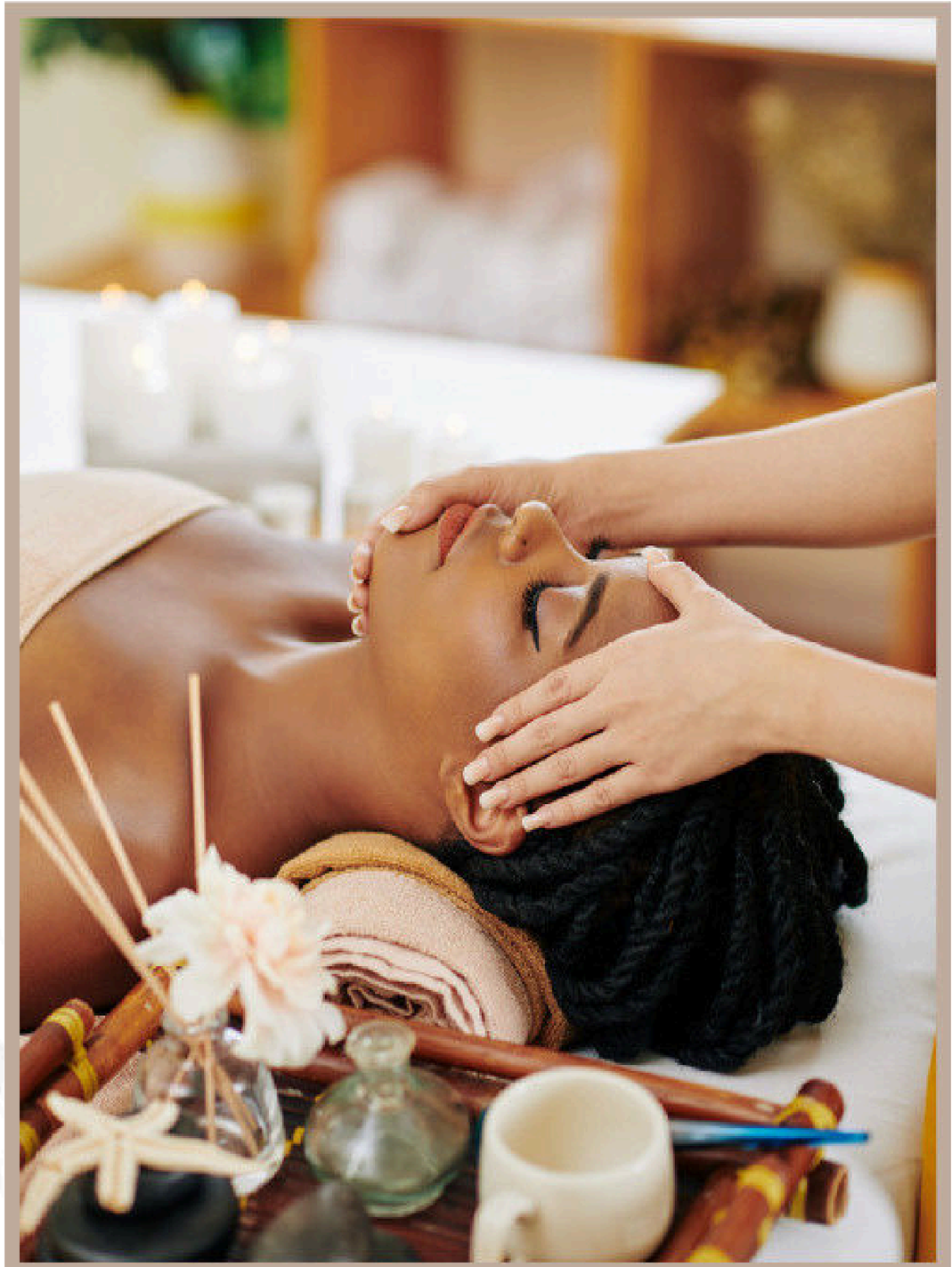
Indulge in pure relaxation with our 30-minute head and scalp massage. Let go of tension as our skilled therapist uses gentle, soothing techniques to massage your scalp, promoting deep relaxation and leaving you feeling refreshed and rejuvenated.

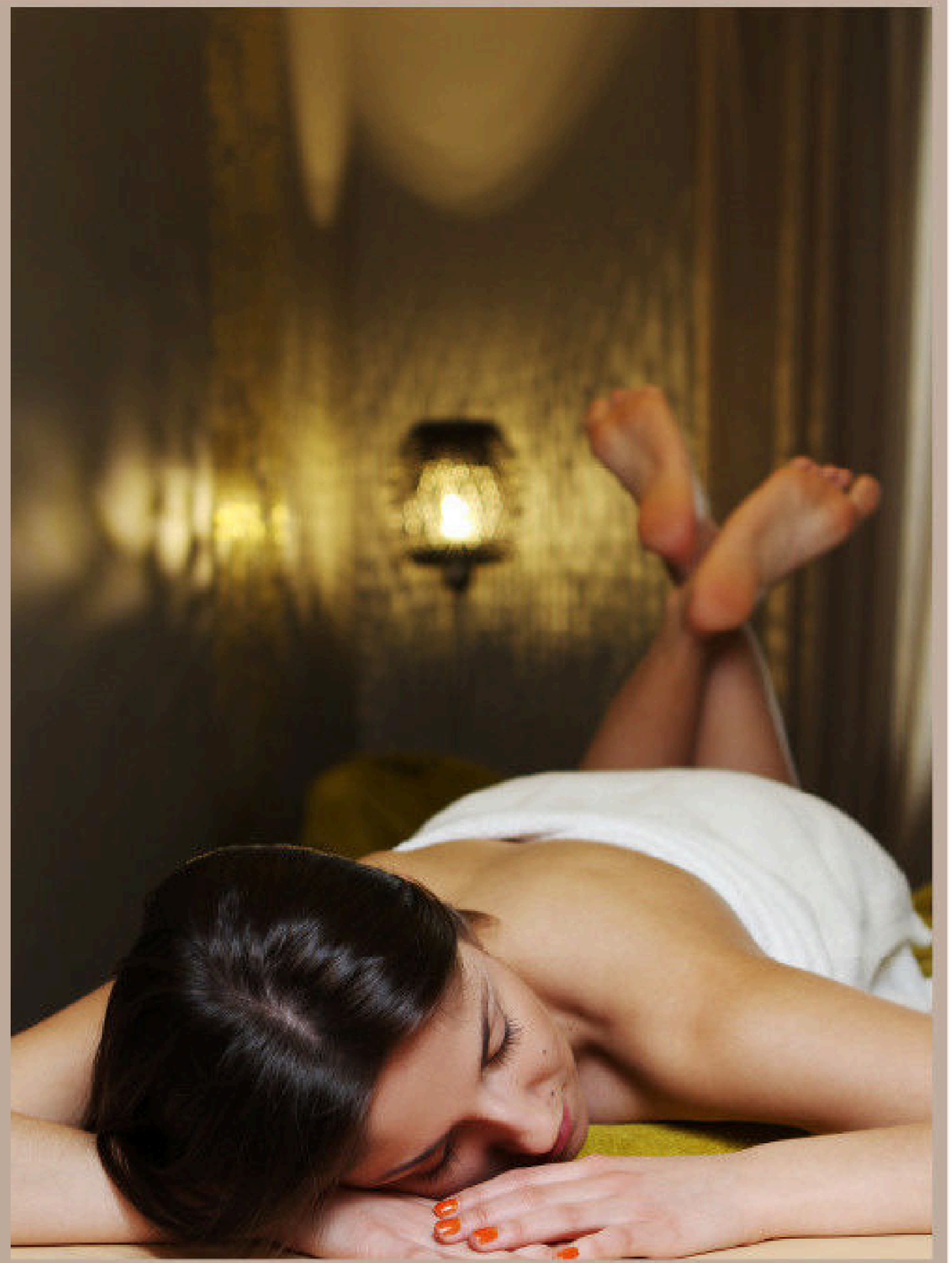
REJUVENATING BACK MASSAGE | 30 MINUTES — 300 AED

Experience revitalization with our 30-minute back massage. This treatment focuses on your back, targeting areas of tension and stress. Our therapist will use expert tech- niques to soothe and rejuvenate your muscles, leaving you feeling refreshed and in- vigorated.

EXPRESS BOOSTER FACIAL | 30 MINUTES — 300 AED

Elevate your skin’s radiance with our 30-minute Express Booster Facial. This quick and effective treatment provides your skin with a revitalizing boost, including cleansing, exfoliation, and a hydrating mask. Perfect for those on the go who seek a rejuvenating facial experience.





TROPICAL FRUITS/CUCUMBER BODY SCRUB | 30 MINUTES — 300 AED

Experience the refreshing sensation of our 30-minute body scrub. Choose between the tropical fruits or cucumber option, both designed to gently exfoliate and hydrate your skin, leaving it smooth and radiant. This treatment is a delightful way to renew your skin's natural glow.

BODY COCOON RENEWAL | 60 MINUTES — 550 AED

Indulge in a luxurious 60-minute Body Cocoon Treatment. Your body will be enveloped in a nourishing cocoon of specialized products designed to hydrate, detoxify, and rejuvenate your skin. This treatment provides a deeply relaxing experience while promoting overall skin health and vitality.



FACIALS

LIFT & FIRM

90 min | 60 min

550 AED-700 AED

Firming, re-contouring and smoothing / plumping of wrinkles with collagen peptides.

Cleansing I Vitality Analysis & Boost I Double Peeling I Active Ingredient Concentrate I 10 min Face Sculpting Massage I Mask I Final Care

REPAIR & RENEW (RETINOL TREATMENT)

90 min | 60 min

550 AED-700 AED

Boost deep skin regeneration and renewal with the transformative Biogen Plant Extract originally developed by Dr. Michael Babor, or with high-dose retinol.

Cleansing I Vitality Analysis & Boost I Double Peeling I Active Ingredient Concentrate I 10 min Face Sculpting Massage I Mask I Final Care





HYDRATE & PLUMP

550 AED | 600 AED

60 min | 75 min

Delivering intensive hydration to combat moisture deficiencies using a comprehensive spectrum of short and long chain cross-linked hyaluronic acids to restore moisture to the different layers of the epidermis.

Cleansing I Vitality Analysis & Boost I Double Peeling I Active Ingredient Concentrate I 10 min Face Sculpting Massage I Mask I Final Care

BRIGHT & GLOW

550 AED | 600 AED

60 min | 75 min

Skin tone correction, radiance, and antioxidant protection with high-dose vitamin C and astaxanthin.

Cleansing I Vitality Analysis & Boost I Double Peeling I Active Ingredient Concentrate I 10 min Face Sculpting Massage I Mask I Final Care

CONTACT US FOR BOOKING

LOCATION

Address Montgomerie
Emirates Hills - Dubai

CALL

+9714 363 1274

WHATSAPP

+97152 311 5313

EMAIL

spa.tamdh@addresshotels.com